



FIRST RESPONDERS APPRECIATION — MONTH —



EXCLUSIVE DISCOUNTS ON AMERICA'S BEST SPAS

Take advantage of these limited time factory direct offers and special promotions to save on your new hot tub, swim or fitness spa. Start enjoying your new lifestyle with hydrotherapy, warm water massage and improved fitness today!



First responders facing high levels of stress and physical strain can benefit from the effects of hydrotherapy

Warm water hydrotherapy offers significant benefits to first responders, addressing the mental and physical demands of their demanding roles. The warm water soothes muscles, alleviating physical strain from rigorous activities. Additionally, the buoyancy reduces joint pressure, promoting relaxation and faster recovery from injuries. Mentally, the calming environment aids in stress reduction, improving mood and mental clarity. This therapeutic practice helps first responders recharge, maintain peak performance, and sustain their physical and emotional well-being, ultimately enhancing their ability to serve the community effectively.

Daily water therapy has been proven to be a valuable tool in a self-care routine for first responders

A daily routine soak in a hot tub can significantly enhance their well-being, essential for their demanding job duties. Physically, the hot water immersion relaxes tense muscles, alleviates pain, and reduces the risk of injury from strenuous activities. The hydrostatic pressure in the water improve circulation, reduce inflammation, and promote quicker recovery from physical exertion.

This holistic approach to self-care ensures they are always in top shape, ready to perform their duties effectively while maintaining optimal physical and mental health. Consequently, this practice not only benefits the individual first responders but also enhances the overall effectiveness and reliability of the emergency response teams.



Stay healthy mentally and physically by adding a PDC Spas® hot tub, swim spa, or fitness spa into your daily routine

At PDC Spas®, our spas are designed to be your sanctuary of tranquility and well-being, offering a choice of 37 distinctive models, each delivering full-body hydrotherapy. Crafted with precision in the USA, our hot tubs alleviate stress, ease muscle tension and promote overall wellness, making them perfect for year-round use. With an industry-leading 35-year warranty, your investment in relaxation is protected for decades to come.



PDC spas VOTED SWIM SPA OF THE YEAR

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HEALTH BENEFITS OF HOT TUBS, SWIM AND FITNESS SPAS



MENTAL CLARITY

The increased blood flow that happens when you soak in warm water goes to your brain and increases cognitive function. Basically, sitting in a hot tub makes you smarter.



STRESS RELIEF

Yes, the warm jetted water relaxes you and helps melt your daily stress away, but also helps your nervous system reset into renewed balance promoting a better night's sleep.



LOWER BLOOD PRESSURE

Studies have shown a significant drop in blood pressure when soaking in a hot tub.



WEIGHT LOSS

You are actually burning calories while soaking in a hot tub. In fact, you burn about 70 calories an hour.



IMPROVED CIRCULATION

Improved circulation supports better lung function, organ function and cell growth as well as carries vital nutrients and oxygen to cells and organs. This improved circulation you get from soaking in the warm water contributes to faster healing, easing of tension and relief for tired muscles.



RELIEVE JOINT PAIN

Joint pain is often caused by arthritis. It can also be caused by putting too much stress on your joints. So after your intense workout, soak those sore joints in a hot tub for relief.

